



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Lüttkopf, Marcel

Club: Team Deura-Haus
Number: 3243

Course: 10.60 km
Geländelauf lang

Category:
Männer (20-29 Jahre)

Total time: 56:20

Speed: 10.65 km/h
Running performance: 5:19 min/km

Rank in course/Total: 138 (of 190)

Rank in course/Men: 115 (of 151)

Best time in course: 34:15

Rank in category: 10(of 12)

Best time in the category: 34:15