



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Lege, Tobias

Club: sc impuls erfurt e.V.
Number: 2851

Course: 10.60 km
Geländelauf lang

Category:
Senioren M30 (30-34 Jahre)

Total time: 56:21

Speed: 10.65 km/h
Running performance: 5:19 min/km

Rank in course/Total: 139 (of 190)

Rank in course/Men: 116 (of 151)

Best time in course: 34:15

Rank in category: 7(of 7)

Best time in the category: 36:26