



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Ewald, Wolfgang

Club: Weimarer Spezialmontagen
Number: 3225

Course: 10.60 km
Geländelauf lang

Category:
Senioren M60 (60-64 Jahre)

Total time: 56:53

Speed: 10.55 km/h
Running performance: 5:22 min/km

Rank in course/Total: 144 (of 190)

Rank in course/Men: 119 (of 151)

Best time in course: 34:15

Rank in category: 8(of 11)

Best time in the category: 46:30