



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Lesser, Holger

Club: GOTHA
Number: 2879

Course: 10.60 km
Geländelauf lang

Category:
Senioren M50 (50-54 Jahre)

Total time: 57:01

Speed: 10.52 km/h
Running performance: 5:23 min/km

Rank in course/Total: 146 (of 190)

Rank in course/Men: 122 (of 151)

Best time in course: 34:15

Rank in category: 18(of 23)

Best time in the category: 42:56