



9. Trefffurter Stadtlauf  
Treffurt / 15.09.2012

Detailed evaluation

Temmler, Silke

Club: SV Normania Treffurt e.V.  
Number: 2960

Course: 10.60 km  
Geländelauf lang

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 57:06

Speed: 10.51 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 148 (of 190)

Rank in course/Women: 25 (of 39)

Best time in course: 42:52

Rank in category: 5(of 11)

Best time in the category: 47:19