



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Göring, Matthias

Club: Weimar
Number: 2861

Course: 10.60 km
Geländelauf lang

Category:
Senioren M55 (55-59 Jahre)

Total time: 57:36

Speed: 10.42 km/h
Running performance: 5:26 min/km

Rank in course/Total: 151 (of 190)

Rank in course/Men: 124 (of 151)

Best time in course: 34:15

Rank in category: 9(of 10)

Best time in the category: 46:29