



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Ellerkamm, Jürgen

Club: SV Kyffhäuser
Number: 2892

Course: 10.60 km
Geländelauf lang

Category:
Senioren M70 (70-74 Jahre)

Total time: 59:28

Speed: 10.09 km/h
Running performance: 5:37 min/km

Rank in course/Total: 160 (of 190)

Rank in course/Men: 131 (of 151)

Best time in course: 34:15

Rank in category: 3(of 4)

Best time in the category: 52:06