



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Berner, Roland

Club: LG B. Frankenhausen/Göllingen
Number: 2978

Course: 10.60 km
Geländelauf lang

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:00:24

Speed: 9.93 km/h
Running performance: 5:42 min/km

Rank in course/Total: 163 (of 190)

Rank in course/Men: 133 (of 151)

Best time in course: 34:15

Rank in category: 21(of 23)

Best time in the category: 42:56