



9. Trefffurter Stadtlauf  
Treffurt / 15.09.2012

Detailed evaluation

haferanke, manfred

Club: Lauffreunde Gotha  
Number: 3231

Course: 10.60 km  
Geländelauf lang

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:01:52

Speed: 9.70 km/h  
Running performance: 5:50 min/km

Rank in course/Total: 172 (of 190)

Rank in course/Men: 141 (of 151)

Best time in course: 34:15

Rank in category: 10(of 11)

Best time in the category: 46:30