



9. Trefffurter Stadtlauf  
Treffurt / 15.09.2012

Detailed evaluation

Hesse, Kerstin

Club: Runingclinic  
Number: 2986

Course: 10.60 km  
Geländelauf lang

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 1:03:34

Speed: 9.44 km/h  
Running performance: 6:00 min/km

Rank in course/Total: 179 (of 190)

Rank in course/Women: 32 (of 39)

Best time in course: 42:52

Rank in category: 6(of 11)

Best time in the category: 47:19