



9. Trefffurter Stadtlauf  
Treffurt / 15.09.2012

Detailed evaluation

Bechstein, Michael

Club: TABBS Vital  
Number: 2854

Course: 10.60 km  
Geländelauf lang

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:08:59

Speed: 8.70 km/h  
Running performance: 6:31 min/km

Rank in course/Total: 185 (of 190)

Rank in course/Men: 150 (of 151)

Best time in course: 34:15

Rank in category: 23(of 23)

Best time in the category: 41:33