



9. Trefffurter Stadtlauf

Treffurt / 15.09.2012

Detailed evaluation

Kraiczy, Jürgen

Club: SV Blau Weiss Kreuzburg

Number: 2941

Course: 10.60 km

Geländelauf lang

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:10:09

Speed: 8.55 km/h

Running performance: 6:37 min/km

Rank in course/Total: 187 (of 190)

Rank in course/Men: 151 (of 151)

Best time in course: 34:15

Rank in category: 10(of 10)

Best time in the category: 46:29