



9. Trefffurter Stadtlauf

Treffurt / 15.09.2012

Detailed evaluation

König, Lisa

Club: SC Steinbach - Hallenberg

Number: 3355

Course: 5.00 km

Geländelauf kurz

Category:

weibliche Jugend U20 (18-19 Jahre)

Total time: 26:07

Speed: 11.49 km/h

Running performance: 5:13 min/km

Rank in course/Total: 19 (of 95)

Rank in course/Women: 7 (of 33)

Best time in course: 21:13

Rank in category: 3(of 3)

Best time in the category: 24:31