



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Essiger, Erik

Club: RS Treffurt 9b
Number: 3345

Course: 5.00 km
Geländelauf kurz

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 32:08

Speed: 9.34 km/h
Running performance: 6:26 min/km

Rank in course/Total: 45 (of 95)

Rank in course/Men: 29 (of 62)

Best time in course: 20:05

Rank in category: 6(of 10)

Best time in the category: 20:09