



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Mierke, Nicole

Club: WSV Beverungen

Number: 3394

Course: 5.00 km

Geländelauf kurz

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 34:13

Speed: 8.77 km/h

Running performance: 6:50 min/km

Rank in course/Total: 64 (of 95)

Rank in course/Women: 21 (of 33)

Best time in course: 21:13

Rank in category: 1(of 1)

Best time in the category: 34:13