



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Helbig, Hans-Peter

Club: Sedtfelder Rennsteigfr.
Number: 3393

Course: 5.00 km
Geländelauf kurz

Category:
Senioren M65 (65-69 Jahre)

Total time: 36:43

Speed: 8.17 km/h
Running performance: 7:20 min/km

Rank in course/Total: 73 (of 95)

Rank in course/Men: 50 (of 62)

Best time in course: 20:05

Rank in category: 2(of 3)

Best time in the category: 32:43