



9. Trefffurter Stadtlauf  
Treffurt / 15.09.2012

Detailed evaluation

Krug, Lisa-Sophie

Club: RS Treffurt 9b  
Number: 3351

Course: 5.00 km  
Geländelauf kurz

Category:  
weibliche Jugend U16 (14-15 Jahre)

Total time: 36:49

Speed: 8.15 km/h  
Running performance: 7:22 min/km

Rank in course/Total: 74 (of 95)  
Rank in course/Women: 24 (of 33)  
Best time in course: 21:13

Rank in category: 5(of 6)  
Best time in the category: 23:57