



9. Trefffurter Stadtlauf

Treffurt / 15.09.2012

Detailed evaluation

Quak, Saskia

Club: Regelschule Treffurt - 5a

Number: 3705

Course: 5.00 km

Geländelauf kurz

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 40:34

Speed: 7.40 km/h

Running performance: 8:07 min/km

Rank in course/Total: 78 (of 95)

Rank in course/Women: 26 (of 33)

Best time in course: 21:13

Rank in category: 7(of 9)

Best time in the category: 30:18