



9. Trefffurter Stadtlauf
Treffurt / 15.09.2012

Detailed evaluation

Quack, Ellen

Club: Treffurt
Number: 3380

Course: 5.00 km
Geländelauf kurz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 59:06

Speed: 5.08 km/h
Running performance: 11:49 min/km

Rank in course/Total: 95 (of 95)
Rank in course/Women: 33 (of 33)
Best time in course: 21:13

Rank in category: 1(of 1)
Best time in the category: 59:06