



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Ramtke, Renate

Club: Nordhausen
Number: 108

Course: 3.30 km
1 Runde

Category:
Seniorinnen W45

Total time: 17:09

Speed: 10.50 km/h
Running performance: 5:12 min/km

Rank in course/Total: 36 (of 79)
Rank in course/Women: 11 (of 36)
Best time in course: 13:50

Rank in category: 1(of 2)
Best time in the category: 17:09