



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Truch, Thomas

Club: Nordhausen

Number: 139

Course: 3.30 km

1 Runde

Category:

Senioren M40

Total time: 17:13

Speed: 10.45 km/h

Running performance: 5:13 min/km

Rank in course/Total: 38 (of 79)

Rank in course/Men: 25 (of 43)

Best time in course: 10:42

Rank in category: 1(of 1)

Best time in the category: 17:13