



8. Nordhäuser Citylauf  
Nordhausen / 16.09.2012

Detailed evaluation

Markart, Lea

Club: Frohe Zukunft Nordhausen e.V.  
Number: 155

Course: 3.30 km  
1 Runde

Category:  
weibliche Kinder U12 (10 und 11 Jahre)

Total time: 17:51

Speed: 11.09 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 44 (of 79)  
Rank in course/Women: 15 (of 36)  
Best time in course: 13:50

Rank in category: 4(of 7)  
Best time in the category: 15:02