



8. Nordhäuser Citylauf  
Nordhausen / 16.09.2012

Detailed evaluation

Engelmann, Annett

Club: LV Altstadt 98 Nordhausen  
Number: 105

Course: 3.30 km  
1 Runde

Category:  
Seniorinnen W40

Total time: 18:33

Speed: 9.70 km/h  
Running performance: 5:37 min/km

Rank in course/Total: 51 (of 79)  
Rank in course/Women: 19 (of 36)  
Best time in course: 13:50

Rank in category: 1(of 2)  
Best time in the category: 18:33