



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Heintze, Kjell

Club: Hainichläufer
Number: 176

Course: 3.30 km
1 Runde

Category:
männliche Kinder U10 (8 und 9 Jahre)

Total time: 19:40

Speed: 9.15 km/h
Running performance: 5:58 min/km

Rank in course/Total: 66 (of 79)

Rank in course/Men: 38 (of 43)

Best time in course: 10:42

Rank in category: 5(of 5)

Best time in the category: 16:07