



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Wüstemann, Monika

Club: SV Herrmannsacker
Number: 121

Course: 3.30 km
1 Runde

Category:
Seniorinnen W50

Total time: 20:24

Speed: 8.82 km/h
Running performance: 6:11 min/km

Rank in course/Total: 71 (of 79)
Rank in course/Women: 30 (of 36)
Best time in course: 13:50

Rank in category: 2(of 2)
Best time in the category: 17:09