



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Krüger, Constanze

Club: Ellrich
Number: 171

Course: 3.30 km
1 Runde

Category:
Seniorinnen W45

Total time: 21:43

Speed: 8.29 km/h
Running performance: 6:35 min/km

Rank in course/Total: 73 (of 79)
Rank in course/Women: 32 (of 36)
Best time in course: 13:50

Rank in category: 2(of 2)
Best time in the category: 17:09