



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Herzberg, Arvid

Club: SV Herrmannsacker
Number: 39

Course: 1.00 km
Jedermannlauf

Category:
männliche Kinder U10 (8 und 9 Jahre)

Total time: 5:17

Speed: 11.36 km/h
Running performance: 5:17 min/km

Rank in course/Total: 16 (of 75)

Rank in course/Men: 11 (of 32)

Best time in course: 4:08

Rank in category: 4(of 8)

Best time in the category: 4:16