



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Krüger, Laura

Club: Ellrich
Number: 172

Course: 3.30 km
1 Runde

Category:
weibliche Jugend U14 (12 und 13 Jahre)

Total time: 23:35

Speed: 7.63 km/h
Running performance: 7:09 min/km

Rank in course/Total: 79 (of 79)

Rank in course/Women: 36 (of 36)

Best time in course: 13:50

Rank in category: 11(of 11)

Best time in the category: 13:50