



8. Nordhäuser Citylauf  
Nordhausen / 16.09.2012

Detailed evaluation

Krüger, Laura

Club: Ellrich  
Number: 172

Course: 3.30 km  
1 Runde

Category:  
weibliche Jugend U14 (12 und 13 Jahre)

Total time: 23:35

Speed: 8.40 km/h  
Running performance: 7:09 min/km

Rank in course/Total: 79 (of 79)  
Rank in course/Women: 36 (of 36)  
Best time in course: 13:50

Rank in category: 11(of 11)  
Best time in the category: 13:50