



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Knopf, Stephan

Club: AC Germania Artern
Number: 242

Course: 6.60 km
2 Runden

Category:
Männer

Total time: 22:35

Speed: 15.94 km/h
Running performance: 3:25 min/km

Rank in course/Total: 3 (of 49)

Rank in course/Men: 3 (of 40)

Best time in course: 21:03

Rank in category: 1(of 6)

Best time in the category: 22:35