



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Beyer, Steffen

Club: VfL 28 Ellrich
Number: 235

Course: 6.60 km
2 Runden

Category:
Senioren M45

Total time: 27:22

Speed: 13.15 km/h
Running performance: 4:09 min/km

Rank in course/Total: 8 (of 49)

Rank in course/Men: 7 (of 40)

Best time in course: 21:03

Rank in category: 2 (of 5)

Best time in the category: 27:16