



8. Nordhäuser Citylauf  
Nordhausen / 16.09.2012

Detailed evaluation

Probst, Stefan

Club: Nordhausen  
Number: 215

Course: 6.60 km  
2 Runden

Category:  
Senioren M45

Total time: 28:25

Speed: 12.67 km/h  
Running performance: 4:19 min/km

Rank in course/Total: 10 (of 49)

Rank in course/Men: 9 (of 40)

Best time in course: 21:03

Rank in category: 3(of 5)

Best time in the category: 27:16