



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Holter, Horst

Club: Nordhausen
Number: 229

Course: 6.60 km
2 Runden

Category:
Senioren M70

Total time: 33:58

Speed: 10.60 km/h
Running performance: 5:09 min/km

Rank in course/Total: 28 (of 49)

Rank in course/Men: 26 (of 40)

Best time in course: 21:03

Rank in category: 1(of 1)

Best time in the category: 33:58