



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Locklan, Sascha

Club: HPZ Wülfingerode/JSW
Number: 224

Course: 6.60 km
2 Runden

Category:
Männer

Total time: 34:00

Speed: 10.59 km/h
Running performance: 5:09 min/km

Rank in course/Total: 29 (of 49)

Rank in course/Men: 27 (of 40)

Best time in course: 21:03

Rank in category: 5(of 6)

Best time in the category: 22:35