



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Schulz, Uwe

Club: JWG Ullrichstrasse/Jugendsozialwerk
Number: 222

Course: 6.60 km
2 Runden

Category:
Senioren M50

Total time: 34:07

Speed: 10.55 km/h
Running performance: 5:10 min/km

Rank in course/Total: 30 (of 49)

Rank in course/Men: 28 (of 40)

Best time in course: 21:03

Rank in category: 2(of 3)

Best time in the category: 33:53