



8. Nordhäuser Citylauf  
Nordhausen / 16.09.2012

Detailed evaluation

Dr. Sendig, Steffen

Club: Nordhausen

Number: 217

Course: 6.60 km

2 Runden

Category:

Senioren M35

Total time: 37:08

Speed: 10.66 km/h

Running performance: 5:38 min/km

Rank in course/Total: 39 (of 49)

Rank in course/Men: 34 (of 40)

Best time in course: 21:03

Rank in category: 5(of 5)

Best time in the category: 26:35