



8. Nordhäuser Citylauf  
Nordhausen / 16.09.2012

Detailed evaluation

Hartmann, Heinz

Club: VfL 28 Ellrich  
Number: 203

Course: 6.60 km  
2 Runden

Category:  
Senioren M75

Total time: 38:16

Speed: 9.41 km/h  
Running performance: 5:48 min/km

Rank in course/Total: 41 (of 49)

Rank in course/Men: 36 (of 40)

Best time in course: 21:03

Rank in category: 1(of 1)

Best time in the category: 38:16