



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Beie, Lars

Club: SV Kyffhäuser
Number: 355

Course: 9.90 km
3 Runden

Category:
männliche Jugend U18 (16 und 17 Jahre)

Total time: 38:25

Speed: 14.06 km/h
Running performance: 3:53 min/km

Rank in course/Total: 7 (of 69)

Rank in course/Men: 6 (of 59)

Best time in course: 31:26

Rank in category: 1(of 2)

Best time in the category: 38:25