



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Pelzel, Mario

Club: VfL 28 Ellrich
Number: 360

Course: 9.90 km
3 Runden

Category:
Senioren M45

Total time: 39:11

Speed: 15.16 km/h
Running performance: 3:58 min/km

Rank in course/Total: 8 (of 69)

Rank in course/Men: 7 (of 59)

Best time in course: 31:26

Rank in category: 1(of 10)

Best time in the category: 39:11