



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Kannenberg, Herbert

Club: Sondershausen
Number: 216

Course: 6.60 km
2 Runden

Category:
Senioren M50

Total time: 40:00

Speed: 9.00 km/h
Running performance: 6:04 min/km

Rank in course/Total: 43 (of 49)

Rank in course/Men: 38 (of 40)

Best time in course: 21:03

Rank in category: 3(of 3)

Best time in the category: 33:53