



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

GERLACH, Sven

Club: BSG Altstadt Nordhausen
Number: 303

Course: 9.90 km
3 Runden

Category:
Senioren M45

Total time: 41:52

Speed: 14.19 km/h
Running performance: 4:14 min/km

Rank in course/Total: 19 (of 69)

Rank in course/Men: 18 (of 59)

Best time in course: 31:26

Rank in category: 3(of 10)

Best time in the category: 39:11