



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Schwarzkopf, Helmut

Club: SV Kyffhäuser
Number: 340

Course: 9.90 km
3 Runden

Category:
Senioren M60

Total time: 43:03

Speed: 12.54 km/h
Running performance: 4:21 min/km

Rank in course/Total: 26 (of 69)

Rank in course/Men: 24 (of 59)

Best time in course: 31:26

Rank in category: 2(of 6)

Best time in the category: 41:57