



8. Nordhäuser Citylauf  
Nordhausen / 16.09.2012

Detailed evaluation

**Makarinus, Robert**

Club: Nordhausen

Number: 375

Course: 9.90 km

3 Runden

Category:

Männer

Total time: 44:07

Speed: 12.24 km/h

Running performance: 4:28 min/km

Rank in course/Total: 28 (of 69)

Rank in course/Men: 26 (of 59)

Best time in course: 31:26

Rank in category: 7(of 16)

Best time in the category: 31:26