



8. Nordhäuser Citylauf  
Nordhausen / 16.09.2012

Detailed evaluation

Knabe, Norman

Club: Nordhausen  
Number: 374

Course: 9.90 km  
3 Runden

Category:  
Männer

Total time: 44:08

Speed: 12.24 km/h  
Running performance: 4:28 min/km

Rank in course/Total: 29 (of 69)

Rank in course/Men: 27 (of 59)

Best time in course: 31:26

Rank in category: 8(of 16)

Best time in the category: 31:26