



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Zenecke, Bernd

Club: Nordhausen

Number: 365

Course: 9.90 km

3 Runden

Category:

Senioren M60

Total time: 50:15

Speed: 10.75 km/h

Running performance: 5:05 min/km

Rank in course/Total: 51 (of 69)

Rank in course/Men: 48 (of 59)

Best time in course: 31:26

Rank in category: 5(of 6)

Best time in the category: 41:57