



8. Nordhäuser Citylauf  
Nordhausen / 16.09.2012

Detailed evaluation

Kammholz, Volker

Club: Nordhausen  
Number: 336

Course: 9.90 km  
3 Runden

Category:  
Senioren M60

Total time: 51:23

Speed: 10.51 km/h  
Running performance: 5:11 min/km

Rank in course/Total: 57 (of 69)

Rank in course/Men: 52 (of 59)

Best time in course: 31:26

Rank in category: 6(of 6)

Best time in the category: 41:57