



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Heintze, Sandra

Club: Hainichläufer
Number: 359

Course: 9.90 km
3 Runden

Category:
Seniorinnen W35

Total time: 52:24

Speed: 10.31 km/h
Running performance: 5:17 min/km

Rank in course/Total: 59 (of 69)

Rank in course/Women: 6 (of 10)

Best time in course: 35:53

Rank in category: 2(of 2)

Best time in the category: 49:26