



8. Nordhäuser Citylauf  
Nordhausen / 16.09.2012

Detailed evaluation

Gebhardt, Michael

Club: MTV 1860 Erfurt  
Number: 337

Course: 9.90 km  
3 Runden

Category:  
Senioren M45

Total time: 54:10

Speed: 9.97 km/h  
Running performance: 5:28 min/km

Rank in course/Total: 63 (of 69)

Rank in course/Men: 56 (of 59)

Best time in course: 31:26

Rank in category: 10(of 10)

Best time in the category: 39:11