



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Heinze, Monika

Club: Blankenhain

Number: 54

Course: 1.00 km

Jedermannlauf

Category:

Seniorinnen W55

Total time: 6:38

Speed: 9.05 km/h

Running performance: 6:38 min/km

Rank in course/Total: 41 (of 75)

Rank in course/Women: 21 (of 43)

Best time in course: 4:35

Rank in category: 1(of 1)

Best time in the category: 6:38