



8. Nordhäuser Citylauf
Nordhausen / 16.09.2012

Detailed evaluation

Gastel, Regina

Club: Nordhausen

Number: 84

Course: 1.00 km

Jedermannlauf

Category:

Seniorinnen W35

Total time: 9:54

Speed: 6.06 km/h

Running performance: 9:54 min/km

Rank in course/Total: 74 (of 75)

Rank in course/Women: 43 (of 43)

Best time in course: 4:35

Rank in category: 2(of 2)

Best time in the category: 7:02