



8. Nordhäuser Citylauf  
Nordhausen / 16.09.2012

Detailed evaluation

Aqeli, Nehmat

Club: Breitenworbis  
Number: 158

Course: 3.30 km  
1 Runde

Category:  
Männer

Total time: 12:59

Speed: 13.86 km/h  
Running performance: 3:56 min/km

Rank in course/Total: 5 (of 79)

Rank in course/Men: 5 (of 43)

Best time in course: 10:42

Rank in category: 3(of 8)

Best time in the category: 12:16